
Welcome to Woodend

We welcome you to your stay at Woodend and hope it will be a memorable one.

Please bear in mind that we are situated within a working sheep and cattle farm. Other than the field that we own (further information on Page 6 and 20), the farm fields are out of bounds to guests and dogs.

If you haven't yet found our website, then please check it out at www.woodendhouse.co.uk as there is useful information on things to do in the area.

Please read the notes which follow - they're important and we hope you'll find them useful and informative.

We pride ourselves in combining comfortable and cosy accommodation within a quiet relaxing environment and we aim to provide everything you are likely to need for your stay.

If you have any problems during your stay then we will try our best to resolve them but please remember, **we can only help if you ask**, so please don't put up with something that you are unhappy with and only tell us on your return home!

The origins of Woodend go back to the 16th century and being located high on Birker Fell you have incredible views, (weather permitting), towards Scafell Pike, Crinkle Craggs and Bowfell.

We hope that you enjoy your break and will return.

Contents

General Information	Parking	5	Rubbish & Recycling	7
	Smoking	5	Pets	9
	Walking	5	The Farm	10
			Breakages & Damage	10
Services	Heating	11	Bulbs and Batteries	16
	Multi-fuel Stove	11	Telephone	16
	Logs	13	Outside Lights	16
	Water	14	Television	17
	Shower	14	Sky Remote	17
	Bathing	14	Fuse box	19
	The Kitchen	15	USB Charging	19
	Coffee Machine	15	The Field and Picnicing	20
Internet	15	Electric Vehicle Charging	21	
Emergencies	Fire precautions	21	Problems during you stay	21
Fresh Produce	Chickens and Pigs	22	Pigs and Sausage	23
	Eggs & Meat	23	Cooking and Recipes	24
Sightseeing	Walks	28	Driving and Cycling	35
	Devoke Water	28	The Duddon Valley	36
	Stanly Ghyll	29	The Eskdale Valley	39
	Scafell/Wast Water	32	Scenic Drives	41
	Walking Basics	33	Hodbarrow	43
Geology	Birker Fell	45		
Outdoor Activities	Cycling/Bike Hire	47	West Lakes Adventures	47
	Golf	47	Horse Riding	47

Local Tourist Attractions	Steam Railway	48	Hardknott Roman Fort	49
	Muncasater Castle	48	Eskdale Mill	49
Beaches	Seascale	50	Silecroft	50
	Drigg	50		
Fishing	Devoke Water	51	Seathwaite Tarn	51
	Millom Anglers	51		
Recommendations	Local Pubs	52	Personal Favourites	53
Leaving	On your departure	54	Guestbook	55
	Suggestions	55		
Returning Home	Feedback	56	Facebook	565
	Rebooking	56		
Shopping & Services	Shops	57	Vet	58
	Banks	58	Doctors	59
	Garages	58	Hospitals	59
The Stove	Lighting the Stove	60		
Privacy Policy	Woodend Policy	61		

At the Back

Bird Spotting Birds at Woodend

Maps Please help yourself to a copy

- | | |
|-------------------------------------|--------------------|
| 1 - Bypass the farm to Devoke Water | 2 - Scenic Drives |
| Woodend to Stanly Ghyll | The Eskdale Valley |
| Driving Eskdale & Duddon Valleys | The Duddon Valley |
| Wastwater and Scafell Pike | |

General Information

Parking

Sometimes there may be half a dozen cars at Woodend so when parking please allow for this. The obvious place to park is in one of the three parking spaces in the main car park or if you have 2 cars then the second can be parked opposite or just before the recycling area next to the wall between the Bothy and Schoolhouse.



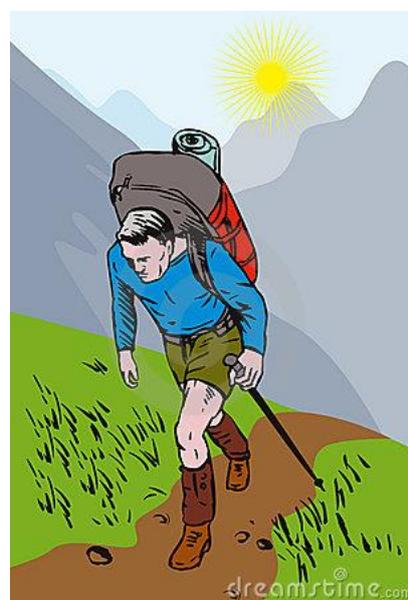
Smoking

We request that guests refrain from smoking in the Cottage. If you smoke outside, please discard your butts thoughtfully.

Walking

The road leading from the fell road to the cottage and farm is a public foot path. It runs through the farmyard and out the other side and carries on to Devoke Water.

However, if the farmyard has cattle in it the farmer has asked that you take the stone steps on the left, just after the farmhouse, and walk around the back of the barns and the sheep pens where you will find a wooden gate that takes you out onto the fell.



If you wish to avoid the farmyard altogether, because of the working dogs, there is another route shown on the map overleaf.

This takes you through our field, (which you are welcome to use, it's the one just beyond the poly tunnel with the chickens and sometimes pigs) and behind Woodend.

Please do not remove this map from the folder.
There should be spare copies at the back.



Rubbish and Recycling

All bins are clearly marked so please follow the instructions.

Nb. Only put kitchen **BIN BAGS** into the Wheelie bins
NOTHING LOOSE please!



MAIN CAR PARK - Between Carport and Bath

WHEELIE BINS	SMALL DUSTBIN	METAL DUSTBIN
		
HOUSEHOLD WASTE ie. ONLY Bin liners from kitchen waste bins	Doggy bags, small bags & loose items (eg. Car rubbish!)	Loose Ash Emptied from your ash storage box

TOP CAR PARK - between the Bothy and Schoolhouse

- Recycling area for:
GLASS, TINS, CARD, PAPER & PLASTIC

WHEELIE BINS

Unlike town collections, our bins are emptied by hand and not tipped into a large refuse collection vehicle, so please **DO NOT** put loose items in the wheelie bins, they are for your kitchen waste bin bags. It is frustrating that when being asked not to, small rubbish is still put into wheelie bins and we must reach in and empty them, which is not a pleasant experience!

Because we have dogs and foxes in the area, please don't leave loose bin bags anywhere other than in the wheelie bins.

Recycling

Woodend doesn't qualify for a recycling collection, because of the restricted vehicle access, so we have taken on this responsibility ourselves.

However, as this will be done by hand, and taken to the recycling centre in our car. We would appreciate it if all bottles, tins and plastic packaging were **thoroughly washed** and **plastic bottles squashed** before being put into the appropriate container.



Everything else (paper sheets, plastic bags and flimsy plastic sheet, foil, etc.), can be put into your kitchen waste bin and that bag must be put into a wheelie bin in the main car park.

We recycle



- GLASS - Bottles, Jars, etc
- TINS - Washed please.
- CARDBOARD (Flattened), NEWSPAPERS and MAGAZINES
- PLASTIC - Bottles and Rigid Packaging - Washed (please!) and **SQUASHED** as small as possible, and **not plastic bags**

Pets

We do not make a charge for pets, but we would like to bring your attention to the following:

- Pets are not allowed on the beds or the sofa.
- You as the owner take responsibility for the additional cleaning and sweeping of the living areas that may result at the end of your stay. i.e. fouling, chewing and especially moulting!

Because we do allow dogs and there may be several here at one time, the working dogs from the farm can be nose-y and sometimes roam up here, so please ensure that your dog is kept under control. We can only apologise if they foul the area, we try to be vigilant and clear this up but don't get to everything.



If you hear the farmer's quad or tractor approaching, then he probably has his dogs with him. Please keep dogs on leads if you think they are prone to chasing sheep and especially during the lambing season.

If you wish to wash the dog there are hosepipes by the Buttery, Schoolhouse and at the top of the drive just past the carport. Please **DO NOT** wash your dog in the shower tray as this is acrylic and will scratch.

There is a small dustbin by the wheelie bins for "doggy waste bags"

In the very rare case of your dog getting a tic, there is a Tic removal tool in the first aid box along with antiseptic wipes. If you're not familiar with their removal, there is plenty of information online about this.

The Farm

Woodend is situated in the middle of a working farm, and visitors should avoid straying into the fields if possible.

The road leading down towards the farm is a public footpath, running through the farmyard and out the other side towards Devoke Water. However the farmer has asked that visitors take the stone steps on the left just beyond the farmhouse door and bypass the farmyard rather than walking through it.

Sometimes the farmer will have a bull grazing with his herd on the fellside beyond the fields. We have never been attacked; we have never even seen the bull bother to get up when we pass. But a diversion might be prudent.

Breakages and Damage

If you have a breakage then please let us know so we can replace it for the next guests. We generally don't make a charge for small items such as glasses but glass for the log burner is £40 and the coffee pot jug is £7.



Tea towels are for drying cooking utensils **ONLY** and not for heavy duty cleaning when you leave!

Services

Heating

Upstairs is heated by overnight storage heaters. All the heaters get very hot, so please be careful not to put anything on or close to them - we've had some near misses.

Storage heaters are mysterious objects, but if you turn the input switch up in the evening you will find that the radiators are much hotter the following morning; and vice versa. Only limited extra heat can be obtained in the short term by turning the output switch up. Check they're switched on at the wall too.

Hot water comes from the immersion heater in the cupboard outside the bathroom.

We have electric underfloor heating fitted in the sitting room and kitchen. This heating is controlled by electronic timers which are code locked - please don't try to tamper with them. Wooden floors are particularly sensitive to temperature fluctuations and can be wrecked by having the heating too hot. The cost of replacing them would run to thousands rather than hundreds of pounds.

The Multi-Fuel Stove

During the colder weather and in the evenings, the heating may be supplemented with the multifuel stove. As you gain experience with how to use the multi-fuel stove then you should be able to leave it on most of the time and you should never get cold, even when the temperature outside drops during the winter months.

The stove is a very efficient sealed unit and is designed to be used with

the stove door closed at all times. Please don't operate the fire with the doors open as anything falling out will burn the floor.



The stove has three air flow controls, one at the top and two at the bottom. Put simply, light the fire with the top slider to the right and the two lower sliders (which can be locked down on their screw threads) open to maximise airflow. When it is going well, push the top slider to the left. The fire will burn about a bucket of coal in an evening.

If you are not sure how to light it, or are having trouble, there are some instructions at the end of this welcome folder.

Ash can be transferred to a dustbin liner when it is cool (do it carefully to avoid a lot of dust) and then put out with the rubbish. If the ash is hot then please put it in the metal bucket outside (not for cigarette butts) but please transfer the contents to a dustbin liner and leave it empty when you depart if it's cool.

We have provided you with firelighters, some kindling and coal. If you need more coal then please help yourself from the coal bunker round the back which usually has coal in it – go out of the kitchen doors and turn right.

Please don't be tempted to load the stove with too much fuel, and certainly **DO NOT** put coal above the level of the grate, which is there to prevent fuel falling out. Start small and add more fuel if you need to and please do not operate the fire with the front door open. Once you have mastered it, you should be able to leave it on all night (and all day if

you go out), with the bottom vent opened very slightly. You can then revive it in the morning (or when you return) by opening the bottom vent fully and “riddling” it slightly to allow some air to get through.

If you are not sure how to light it, or are having trouble, there are some directions on the last page of this booklet.

Ash

Ash can be transferred to this container which is stored in the garden room. When you depart, please transfer the contents to the metal dustbin in the car park.



Logs

If you wish to use logs as well, we have provided you with a log basket. Please be careful that logs aren't too big as when you close the door there is a chance that the glass will get broken. (£40 replacement charge!)



A basket of logs costs £2.50, and if you need more kindling wood, this is available at £1.50 **per small carrier bag** which you can fill yourself.

These are stored in the blue log store between the schoolhouse and the bothy, just before the recycling area.

Please help yourself and put your money into the white honesty box which is in the top right-hand corner of the right-hand section of the store.

Water Supply and Drainage



Our water comes from a stream and spring via a tank in the field above the house.

The water is regularly tested by the Council, but you may find your bath water rather browner than you are used to.

Please don't put anything inorganic down the loo - clearing blocked drains is a messy and smelly business.

The stop cock is located in the downstairs toilet.

Shower

Switching this on is more complicated than normal. First switch the power on in the airing cupboard outside the bathroom. Then turn the shower on in the normal way by the valve above the taps in the bathroom. Then press the chrome switch to the right which starts the pump. Turn everything off when you've finished.



Bathing

Because the water is heated by the tank there isn't an unlimited supply of hot water, (like you may have at home), so you should fill the bath with hot water first (without draining the hot water tank completely) and then add the cold water.

Please be aware that the water can become extremely hot so take care, especially when bathing.

The Kitchen

We hope you like the kitchen. The floor is local slate from Tilberthwaite in Little Langdale. You may well find some basic supplies, which you are welcome to use; we only ask that you replace anything you finish off. We do realise that occasionally breakages will occur, but we would appreciate it if you could let us know when some substantial items are damaged or when we're running low of something - we can then replace them for the next visitors to the cottage.



Filter Coffee Machine

This has a permanent filter so there's no need to use a separate paper filter. It's best to use the jug to fill it so that you don't have a spillage at the end of coffee making.

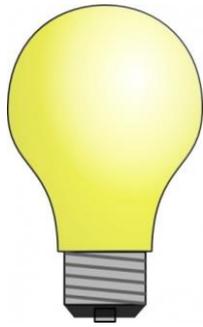
Internet Access

There is no security so all you need to do is select "connect" when your computer searches and finds the new wireless connection. We have a relatively slow line (1Mbps) compared to what you may be used to, so you will find that's it more suitable for emails and browsing rather than watching online TV, large downloads and online gaming.



Please let us know if you are experiencing difficulty accessing the internet. If the line goes down it is possible to share the signal from the Barn but only if you tell us that you are having problems.

There is a small wireless "extender" next to the toaster in the kitchen. This allows you to use the internet in the kitchen and us to monitor the performance so please leave it switched on.



Bulbs and Batteries

There should be some spare bulbs in one of the kitchen drawers but please come to the Barn if you need more or if you need batteries for remotes, the clocks or the fire alarm.

Please don't throw our rechargeable batteries away, leave them on the dresser so we can recharge them!

Telephone

As you have probably found, there is no mobile phone reception here. There are areas of reception along the Fell road between Ulpha and Woodend around Crosbythwaite Farm, much of Eskdale and on top of Devoke Seat!

There are public telephones at Boot and Ulpha. You are welcome to use the phone in the barn if you come and ask.



Outside Lights



The switch is between the kitchen and utility room. Leave this switched on for automatic operation. If switched off and on within 2 seconds, it is manually overridden and stays on permanently. If you find that the outside lights are on permanently (usually after a short power cut or you have accidentally switched it off and

on) it would be appreciated if you reset it by turning off for at least 30 seconds and then turn on again. They will then stay on for a while and then eventually go out and then work automatically again.

Television

TV reception here is poor so we have provided a full Sky HD package including sport. If you aren't familiar with the sky system, switch the TV on with the TV remote and then use the sky remote. The Sky remote should then operate the TV volume as well.

The PIN is 1234

How to use your Sky remote control

You do not have the programmable features of Sky+ so these buttons will not do anything: **Play, Stop, Pause, Rewind, Fast forward & Record.**



These buttons will apply to the non Sky+ box that you have:

- **tv:** Pressing this button puts your remote in TV mode.
- **sky:** Sets your remote to control your Sky box.
- **Standby:** Switches your Sky box into standby mode.
- **tv guide:** Brings up your seven day TV listings in the Sky Guide
- **box office:** Displays your Sky Box Office movies that you can't access

-
- **i**: Gives you more details about the programme you're watching or have highlighted in your Sky Guide.
 - **Arrow buttons**: Let you navigate the Sky TV menus. When watching live TV, the **right arrow button** will show you what's on later on the channel you're watching, and the **up/down arrows** let you browse through the other channels without switching away from the channel you're on.
 - **select**: Confirms your choices in the Sky TV menus
 - **ch +/-**: Changes the channel up or down.
 - **back up**: Returns you to the previous page at any point within the Sky TV menu.
 - **help**: Displays your Audio Description and Subtitles settings when watching a programme. Pressing **help** in the Sky TV menu will display instructions on how to navigate the menus.
 - **Red, green, yellow and blue buttons**: The coloured buttons help you navigate when you're in the Sky TV menus by giving you handy shortcuts. You'll see them listed at the bottom of your screen

Problems getting a picture?

It is possible, with a little bit of “panic button pressing” to set the TV so it doesn't recognise the signal from the Sky box and shows “No Signal”.

To rectify, make sure that the Sky box is on (showing a green light).

Press the button on the TV Remote marked “Source”. Scroll to “HDMI 1” and select that. It should then work.

Fuse box

Occasionally a fuse will trip out. There are two fuse boxes located in the kitchen, one on the wall and one in the cupboard under the stairs. Flip the lever on the fuse that has tripped. If in any doubt about how to do this, please ask Paul or Jella next door or ring us up.

USB Charging

There is a socket with USB charging in the utility room.

This is suitable for charging tablets and smartphones.

If you are short of leads, then please come and ask.



Feeding the Birds

There are quite a variety of birds that visit Woodend, so we have provided a bird feeding station for you to enjoy them as well.

There are further details at the end of this folder if you want to do a bit of bird spotting. If you spot any we have missed, then please let us know and we'll update the sheets.

First Aid

There is a First Aid kit in a plastic box in one of the drawers between the lounge and kitchen.



The Field, Picnicing and BBQ

Our field is the one on the right, just past the polytunnel and geodesic dome.

There are two entry gates.

One is the large one that you come to first which gives you access to the field which is divided by a stream.

We keep our free-range chickens there and they are normally out after 9.00am and put away around 6.00pm. Outside of those time you are welcome to take your dog into the field.

Further down the lane, over the little bridge, is a second small green gate. This gives access to the other side of the stream and just past the orchard area there is a picnic bench. You are more than welcome to use this area for relaxation and perhaps even picnicking or BBQing.

We do have a small portable foldup BBQ. If you want to use it to cook in the field then please come and ask. We may also have some charcoal if you don't have any.

Electric Vehicle Charging

We are in the process of fitting a "Podpoint" 7.2kW battery charging system.

Obviously having solar panels and being on off peak electricity, we are in a good position to provide a charge at an economical price.



I hope to have this functioning during the summer so if you visit us again it should be up and running by your next stay.

Emergencies

Fire Precautions

There is a fire extinguisher situated under the stairs.



Problems during your stay

If you have any problems during your stay then we will try our best to resolve them. We can usually sort things out quickly but if it means organising someone to come out please be patient.

In the first instance, go to the Barn next door and report it to Paul or Jella. They are usually in residence, (Landrover and red quad parked outside). Failing that you can try reaching him on 07799 722254 and leave a message if necessary and see him anyway on his return if he hasn't contacted you.

Alternatively, Jella's mobile is 07752 815834



Please remember, **we can only help if you ask**, so please don't put up with something that you are unhappy with and only tell us on your return home or worse still comment about it on a review site.

Please remember that if you don't bring to our attention any problems or give us the chance to address any issues during your stay then there is a chance that the guests following you will initially be faced with them as well.

Fresh Produce

Chickens and Pigs

We own a field on the right, just past the domed greenhouse, in which we keep chickens and sometimes pigs.

Meat

We don't have any pork products at the moment but there are two very good local outlets if you are looking for local traditional meat products.

Woodall's at Wabberthwaite

A famous family business that make award winning Cumberland sausage and other traditional pork meat products as well as continental styles.

They are just off the coast road between Bootle and Ravenglass and are well worth a visit if you are out that way.

Ravenglass LA19 5YJ

Phone: 01229 717237

www.rbwoodall.co.uk

Mellville Tyson - Broughton-in-Furness

Another family run business that sell top quality Cumberland sausage, bacon, black pudding and other meat products in the butchery shop which is adjoins the grocers and green grocers.

Broughton-in-Furness LA20 6HQ

Phone: 01229 717247

www.melvilletyson.co.uk

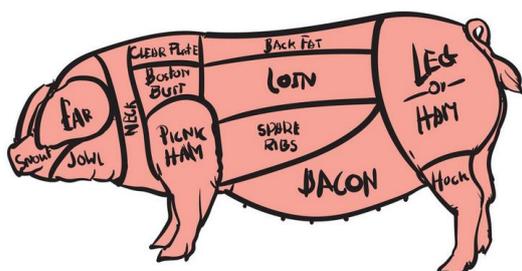
Eggs

If you would like fresh eggs, the nearest place is “The Crosby Cake Cupboard” situated by Crosbythwaite Farm. You may have passed it on the way here, it’s on the fell road between Woodend and the steep hill down to Ulpha.



Sausage, Bacon, Ham, Gammon and Pork Joints?

Most local bacon is “dry cured”, which is why it produces very little water, (unlike supermarket bacon). It can be produced as either “back bacon”, from the area shown in the diagram, or streaky which comes from the belly.



The gammon is cut from the area marked “leg/ham” which is then cured.

This can then be left as ham or gammon joints, sliced into gammon steaks or roasted after curing and

sliced as ham. Joints, generally are leg or “rolled shoulder” which is literally that, from the area above the front legs. The sausages are then made from excess shoulder and any other parts of the pig that are left.

Cumberland sausage

A form of sausage that originated in the ancient county of Cumberland, now part of Cumbria.

Traditionally very long (up to 21 inches/50 cm), and sometimes sold rolled in a flat, circular coil.

The meat is pork (obviously), and seasonings are prepared from a variety of spices and herbs and there are no colourings or preservatives

added. A large one is a meal for two and quite nice roasted rather than fried or grilled!



Cooking on Holiday

To some people, having a holiday is a chance to take a break from cooking but for me it's a chance to try out some of the regional fayre that is on offer.

I have included a couple of my favourite dishes that I regularly cook at home using some of our produce. I know, when on holiday, most people carry very little in the way of "specialist" ingredients. We keep most items in the Barn and are happy to help you out with such things as herbs, flour, suet, dried beans, etc. so please don't go and buy a big bag/jar especially, come over and see us.

Enjoy and please let me know how you got on!

Perk up your Gammon Steaks

Before you grill the steaks, they will always benefit from being brushed with or "dragged" through a mixture of melted butter, honey, and mustards such as English or Dijon (or both), pepper and have a little sage added. Another nice spread is a little mango chutney and orange juice.

Our gammon steaks can be slightly salty so feel free to soak for 30 minutes in cold water before drying and cooking. You can cut the rind to about 1 cm deep at intervals to prevent the steak from curling so much when cooking and then grill fairly quickly and serve with a free-range egg (or two) or some sliced pineapple (grilled for a couple of minutes), or both!



Frittata

Think of a frittata as the egg “inner” of a quiche so basically “quiche without the pastry!” A bit like an omelette but not flipped over, like you think of an omelette. Perfect for on holiday, no pastry to make and great hot and then cold the next day.

Ingredients are limited by the imagination, how do you like your quiche, start there?

Start with simple bacon (smoked or unsmoked), cheese and mushroom, no



problem adding some red or green pepper and parsley or basil.

One of my favourites is chicken, caramelised red onion and tarragon (come over and get some dried tarragon although I may have fresh)

Other suggestions

Make it up! Generally anything is suitable, and you don't need too much filling, try things such as tuna, turkey, ham, chorizo, peas, broccoli, spinach, courgettes, celery, sweetcorn, goat's cheese, etc. and even sliced tomato at the bottom or the top. Any left-over veg from the day before, even potatoes work and then it becomes a bit more like a tortilla!

You could even go a bit “pretentious gastro” and do something like “Potato, spring onion, dill and goats cheese”

Ingredients

(If you are short of any herbs, spices, etc. then please come over to see us in the barn)

What you will need, other than your flavourings:

10- 12 eggs whisked (Makes enough for the next day)	Olive oil
100gm (3oz) cheese	Garlic
Onion	Seasoning

Method

1. Gently fry any of the filling that isn't cooked that would benefit from cooking beforehand like bacon, onions, celery, peppers, etc. and put to one side.
2. From now on, all cooking needs to be done very gently to ensure that the outside doesn't get overcooked whilst the inside is left raw!
3. Put a teaspoon of oil into a smaller non-stick frying pan and then pour in about half of the whisked egg. Fry for 30 seconds.
4. Sprinkle in half of the cheese and half of the filling and cook very gently for a further 30 seconds.
5. Pour in the rest of the egg and the filling and cover with a lid or foil and cook extremely gently for 5 – 10 minutes then place under a moderate grill for another 5 minutes. The trick is to make sure it's cooked through but not burnt so use a plastic slice to check the underside and loosen from the edge of the pan. Keep cooking top and bottom for a while.
6. Eventually, when you are happy it's cooked (perhaps check with a knife), give it a shake to check it's loose and then be brave, place a plate over the pan, hold tightly and flip the pan over and the frittata will pop out upside down onto it.

Serving Suggestion

Any salad concoction than you normally do or a baked potato and some veg, - and a bit of mayo!

Alternative

Try the Spanish omelette (tortilla) route, which is very similar, but you par boil sliced potatoes, drain, dry and fry in batches in olive oil. At that point it gets mixed in with the whisked egg and ingredients, put in the frying pan and then gently cooked covered and then under the grill as with a frittata.

Paul's Cumberland Sausage and Bean Casserole

Ingredients

(If you are short of any herbs, spices, flour, etc. then please come over to see us in the barn)

1 x 450g Cumberland sausage cut into 6 pieces

Smoked Streaky Bacon (Optional)

Onion and 2 garlic cloves, chopped

Approx. 450g Diced Veg, (about 1.5cm cubes)

eg. Celery, Carrot, Leek, Turnip, Swede, Parsnip, Sweet Potato

1 x 400g tins chopped tomatoes

1 x 400g tins beans such as cannellini, flageolet, etc

Salt and Pepper

Dumplings (Optional)

Olive oil for frying

Large glass of red wine

Beef stock cube

1 tablespoon Flour

Fresh or dried herbs,

eg. Rosemary, Thyme,

or Oregano

Teaspoon of Sugar

Method

1. Fry the onions and smoked bacon in olive oil for 5 minutes and remove.
2. Season sausages and add to the pan and cook gently to brown lightly.
3. Return the onions and bacon, add the flour and stir then pour in the wine and simmer gently for a few minutes.
4. Add the tomatoes, beans, veg, sugar and stock cube and enough water to almost cover and bring to the boil
5. Preheat the oven to 170C/gas 3. Pour the casserole into a baking dish with a lid or cover with foil and bake for 2 hours, checking after 1 ½ and adjusting seasoning. I often add dumplings for the last 30 minutes!



Serving Suggestion

Green veg compliments the dish, visually, and mashed potato which has butter, a whisked egg seasoning and nutmeg mixed into it is great to soak up the sauce or just simply crusty bread.

Sightseeing

Walks in and around Woodend

Located as it is at about 950 feet above sea level, Woodend tends to get poorer weather than the surrounding valleys, but this means that even if rain is spattering the windows, it may well be dry down in the Eskdale and Duddon Valleys. Moreover, even though Cumbria is notorious for its dampness, it doesn't often rain all day. If you have a computer, it's worth checking the Met Office's rainfall page, which gives you an idea of what the weather's going to do in the next few hours. I find the BBC weather App quite accurate if you put in Ulpha or Eskdale as your location.

There are many walks in the neighbourhood which can be done in a couple of hours before bad weather arrives, or later in the day when it is passing.

Devoke Water

The most obvious walk is to the tarn, Devoke Water and Devoke Seat, reached via the farm and track beyond.



An alternative route is shown earlier on in this booklet. You can extend this walk by going all the way round the tarn (somewhat boggy), and it is well worth a detour to the old boathouse.

The top of the Seat itself is most easily reached from the side furthest from the tarn, and it well worth the effort on a clear day. The 360-degree view is magnificent taking in the view up to Eskdale, the Langdales and on a clear day out across Ravenglass to the Isle of Man.

The low hills beyond the tarn are littered with the remains of the stone dwellings of people who lived here in pre-history. It has been suggested that their clearance of the surrounding forest was partly responsible for making their hunter-gatherer existence unsustainable. A much larger settlement existed at Barnscar, beyond the tarn a mile or so and down towards the sea. Evidently the conditions at one time supported many dozens of people living together in one place.

A shorter walk simply goes back to the gate, returning along the road. You will already have driven along it, but you will see much more on foot, both in terms of views to the hills and variety of wildlife (flocks of linnets often to be seen; fieldfares in winter; there are reports of otters by the stream, badgers and Hares at night).

We wouldn't recommend continuing round to the tarn over the fell as it is very boggy and hard going.

Stanley Ghyll

Stanley Ghyll Force is a 60-foot-high waterfall in a dramatic deep and narrow gorge, where rhododendrons on high ledges and precipices and a series of wooden bridges give an almost oriental feel to the area.

Extreme care is needed in places, as the path is very steep and unfenced.

From Woodend this can be reached on foot quite easily as it's only a couple of miles away. However, if you prefer to leave out the boggy walk across to Devoke Water boat house, you can park at the crossroads on the Fell Road.

If walking from here, take the track leading from the boathouse at Devoke Water to the fell road (where you can park your car), and go across the fell road at the crossroads bearing left through the farm before Birkerthwaite, (a small community of mostly holiday cottages).

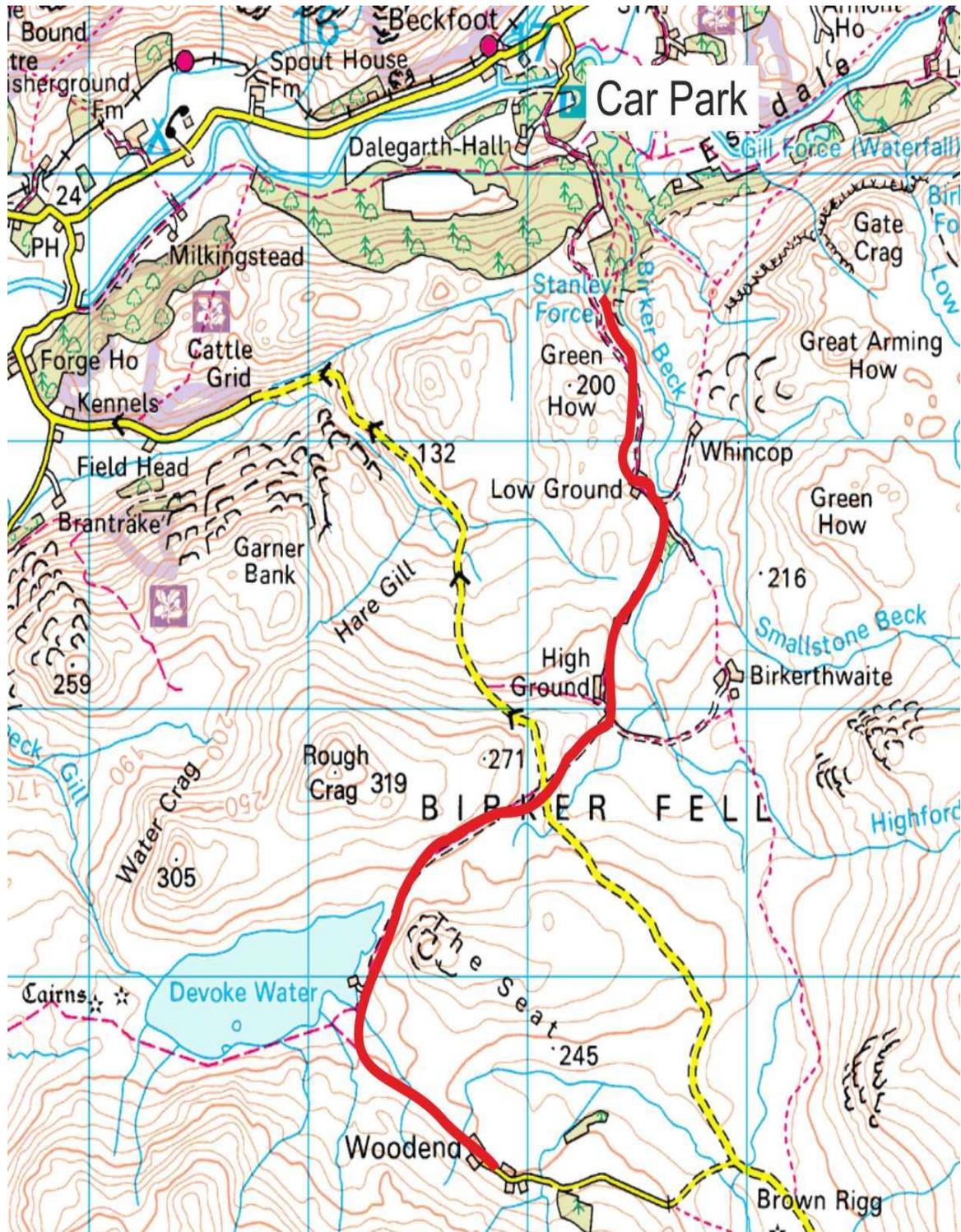


Once you have found Stanley Gyll, if you carry on down the ravine you will reach Boot and it is then possible to add another 6 miles to the walk by walking back up the valley and then turning left at the King George IV and following the road uphill onto Birker Fell.

Alternatively, you can park in a car park down in the Eskdale Valley situated up a right turn off the road between Beckfoot and Dalegarth stations before you get to Boot. From here a track leads up the wooded ravine. The beck is particularly impressive after rainy weather.

The following map shows the footpath from Woodend to Stanley Ghyll

Please do not remove this map from the folder.
There should be spare copies at the back.



Scafell Pike and Wast Water

Having looked at it from your windows and gardens, this is one of those mountains you just have to climb, it being the highest in England at 978 metres (3209 feet). There are superb 360° views from the top with the whole of Lakeland laid out below you.

When this side of the Lake District, most people will walk to Scafell from Wasdale Head, where there is a convenient car park (and pub to celebrate your return!) The map shows the easiest way to get to the start point by car. It's only about 15 miles from Woodend but allow ¾ hour to get there as it can be very busy at certain times of the year.

The journey to Wasdale Head itself is worth the trip for the spectacular views and if Wast Water is still, the reflections of the scree are amazing. If one word had to be used to describe this walk it would be "stone". You ascend stony tracks (either "manicured" or natural), the top is one huge pile of stones. The descent is also stony.

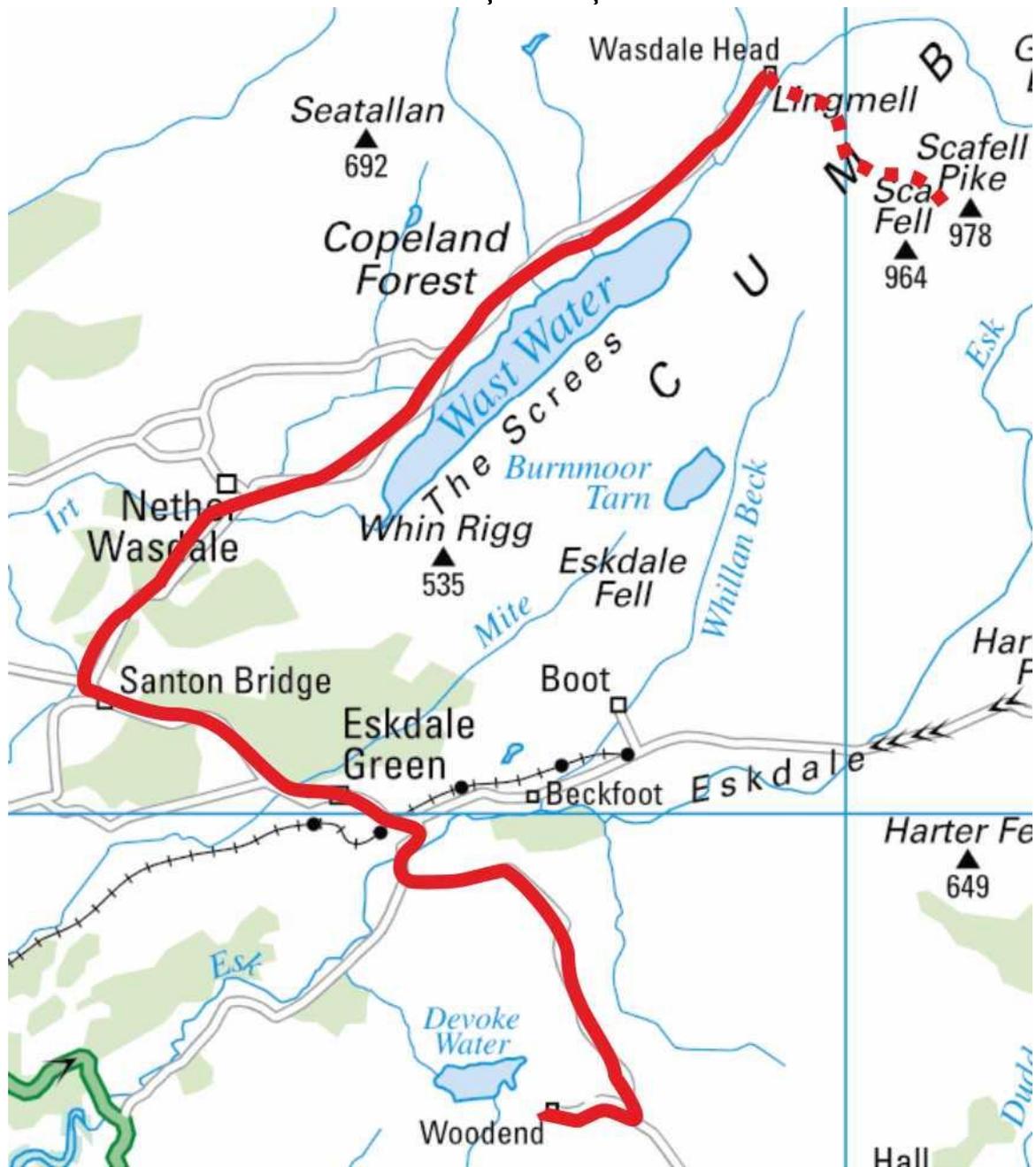
Please observe all the safety rules when walking and climbing. Possession of the appropriate equipment and knowledge of navigation by map and compass are essential for your safety.

If you aren't a seasoned walker then do allow a whole day for this and certainly make sure that you have returned to the bottom before dark, especially in the winter months when this may well be around 4.00pm

If you intend to walk Scafell, a good practice is to advise us of an estimated return time, your car registration and contact details.

There is a section on "Walking Basics" 2 pages further on and a folder with the other books titled "New Hill Walkers" which is well worth a read.

Please do not remove this map from the folder.
There should be spare copies at the back.



There are several paths as you will see on a map but if you are looking for something sensible, then this page from the website of The Wasdale Mountain Rescue Team is worth reading when you are planning your ascent:

www.wmrt.org.uk/the-easiest-way-up/the-easiest-way-up-scafell-pike/

Walking Basics

We're not suggesting that our guests don't know what they're doing when out walking on the higher fells and mountains. However, people who aren't used to this terrain can very easily get caught out when the weather turns against them.

We are speaking from experience here with an unfortunate incident involving two guests getting stuck on Scafell Pike. They probably only survived because the local Mountain Rescue took 136 man hours to find them after they just managed to get an emergency mobile phone call out at 4.00pm and they weren't found until 10.00pm They were ill equipped, in fact in their case weren't equipped at all, for the sudden changes that they encountered in weather, light and temperature later in the day.

As a result, we have put together an "essentials" pack. We thought long and hard about this because we were unsure if people who weren't experienced would consider themselves safe if they use this. That certainly is not the case, you still need to know what you are doing as well as make sure you have appropriate clothing and footwear. If you would like to borrow it for a particular walk, then please come over to the Barn to borrow it. As we only have one it's on a first come first served basis.

It's a very small rucksack and includes:

Map and waterproof case	Compass	Headtorch
Survival Shelter	Whistle	Space Blankets
Waterproof notebook	Water Bag	First aid kit
Kendal Mint Cake (Please replace if you eat it!!)		

New Hill Walkers is an information booklet supplied by the BMC (British Mountaineering Council). This is well worth well worth a read and we've supplied a copy in an A5 presentation booklet, like this one.

Driving and Cycling

Eskdale Valley/Hardknott/Duddon Valley

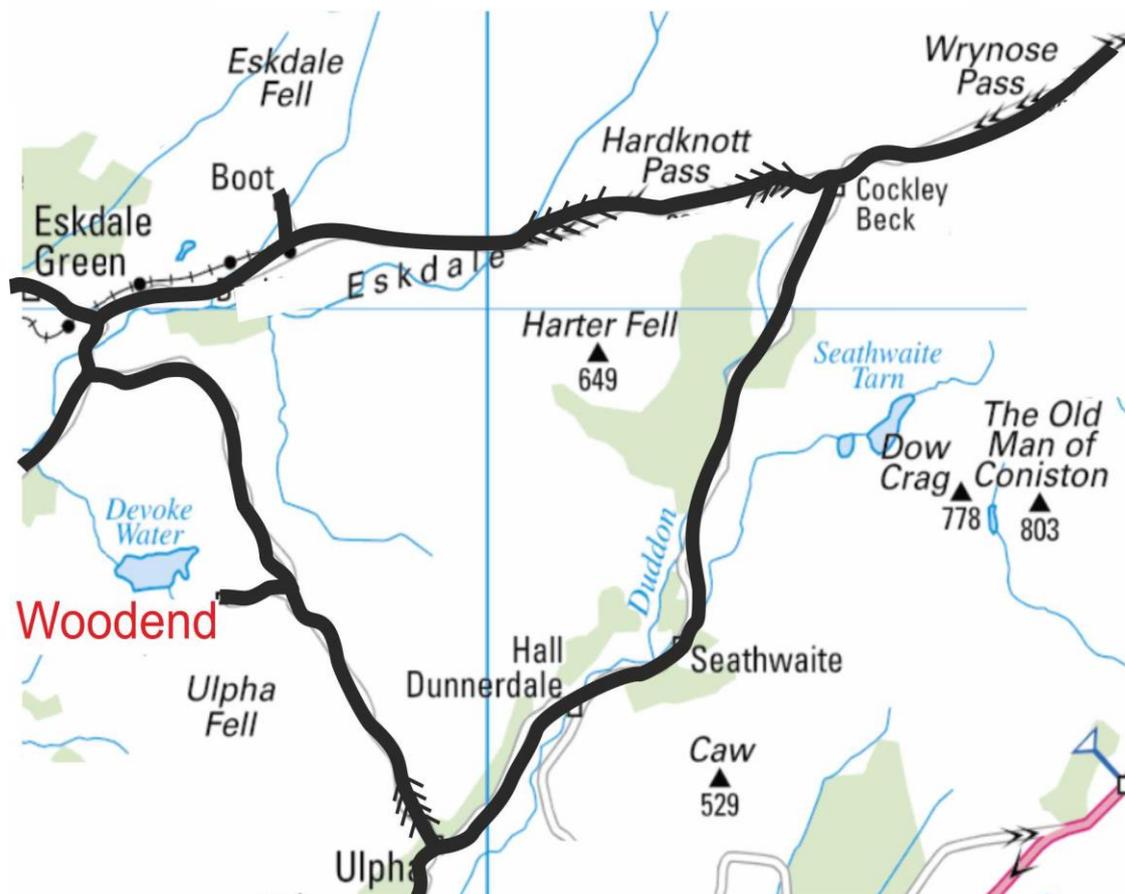
Just over 20 miles and allow ½ a day for stops.

This is a circular drive and can be done either way round but basically the two valleys meet at the junction of the Hardknott Pass and Wrynose Pass. You can turn left at the fell road, turn right at the King George towards Boot and this takes you up past the Roman Fort and down to Cockley Beck. At this point you can then turn right and head through the Duddon Valley and Seathwaite until you get to the steep 1 in 4 hill that you probably came up when you arrived at Ulpha.

You do pass 4 roadside pubs!

Please do not remove this map from the folder.

There should be spare copies at the back.



The Duddon Valley

Described as “The Jewel in the Crown of the Lake District”, the tiny villages of Ulpha and Seathwaite are two focal points of the valley. Here are some of the places worth a visit whilst meandering down the valley. There are plenty of places to stop and walk from and why not have a meal and a pint in the **Newfield Inn - 9**

1 - Frith Hall

Frith Hall is visible as a romantic ruin on the skyline as you drive up the valley. Four hundred years ago it was a hunting lodge overlooking the deer park of Ulpha.



2 - Birks Bridge

The picturesque stone pack horse bridge spans a ravine and probably dates back to the 18th century. One interesting feature is a series of drain holes built into the bridge parapets.

3 - Forestry Walks

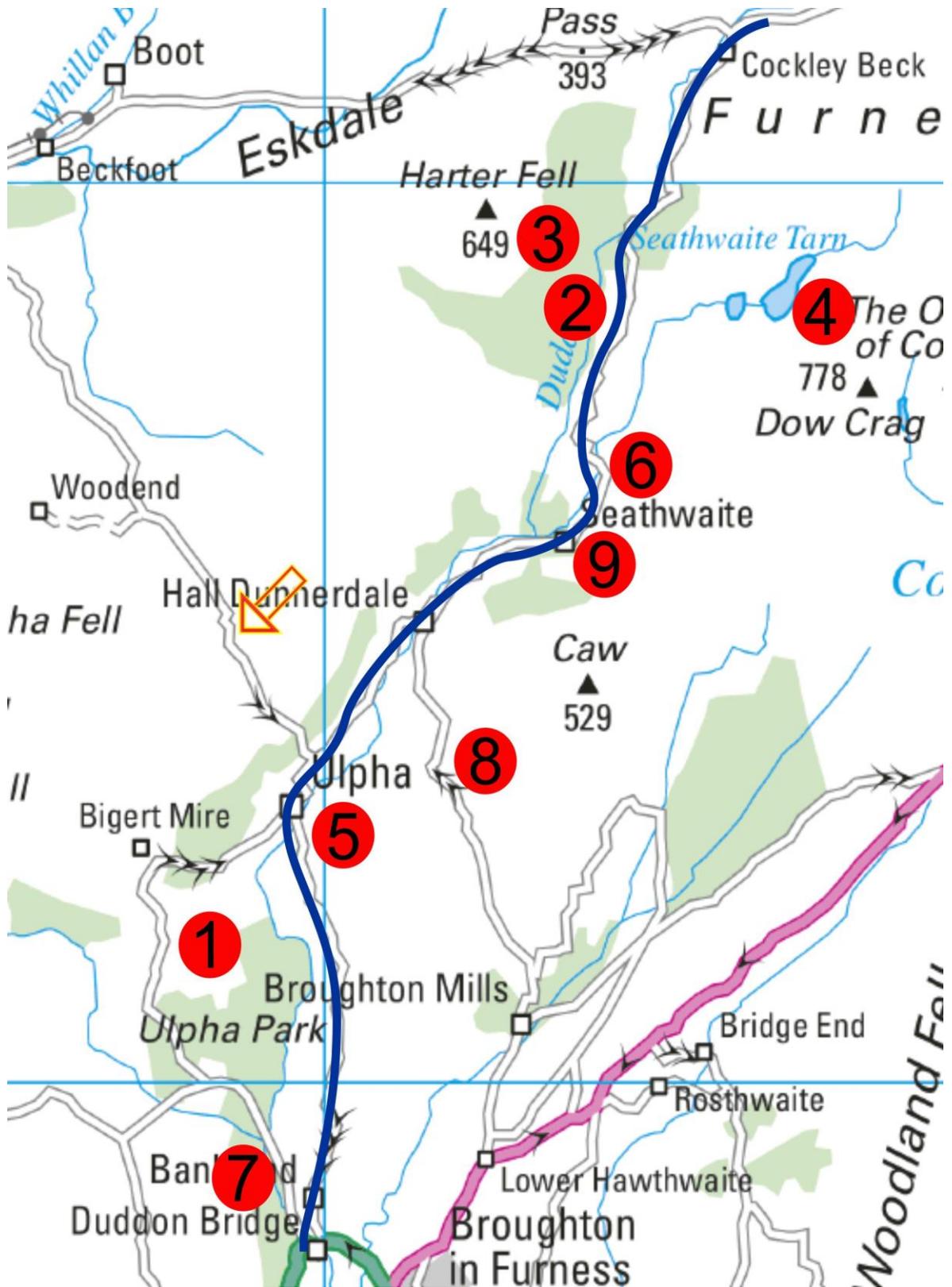
Just up from Birks Bridge is a Forestry Commission parking and picnic area. From there you gently rise as you walk up through the forest with views back towards Walna Scar.

4 - Seathwaite Tarn

In 1904 the dam at Seathwaite Tarn was built to supply the expanding town of Barrow-in-Furness with water. The Newfield Inn will provide you with a fishing licence.



Please do not remove this map from the folder.
There should be spare copies at the back.



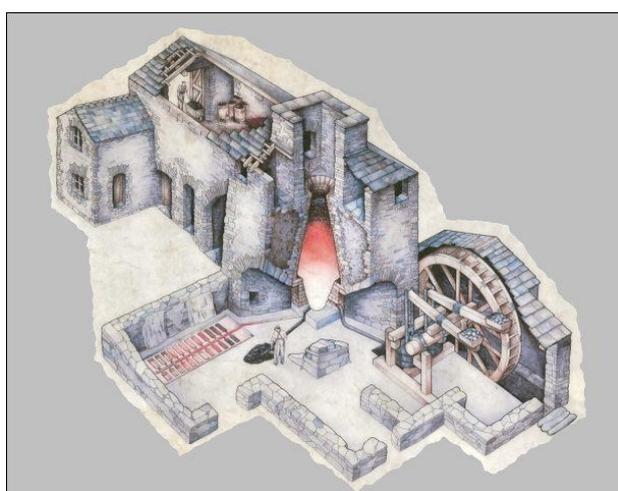
5 - Ulpha Church and 6 - Seathwaite Church



Ulpha church is a testament to the craftsmanship of one-time parishioners with the altar itself carved from a local cherry tree. There are still the remains of wall paintings high up on the inside of the church.

Industry

The fell side provided the Duddon with its greatest resource. Waterpower from the river was utilised by both the Bobbin Mill (on the road out of Ulpha just before you get to Ulpha bridge) and corn mill at Ulpha. Quarrying and the sale of slate, the only local building material, brought valuable income into a once self-sufficient community. The workings of the quarries are still visible on the hillside.



7 - Restored Remains of the Duddon Iron Furnace

Iron ore was mined in Furness and West Cumbria from the middle ages onwards and smelted in primitive hearths or bloomeries. Established 1737, the Duddon Furnace was supplied with charcoal from the

ancient coppiced woodland nearby. The restored remains are of one of the most impressive charcoal-fired blast furnaces in Britain.

The Eskdale Valley

The Valley of Eskdale is home to the villages of Boot, Eskdale Green and Ravenglass. The river Esk starts its journey high in the fells and the stream swelled by many becks becomes a river and encounters its first road at the foot of Hardknott Pass before taking on a gentler character as it passes through some of the most beautiful oak woodland in Cumbria. The Esk is responsible for carving this remarkable landscape which is both picturesque and dramatic with majestic high peaks, stunning waterfalls and rolling green hills. There are plenty of places to stop and walk from and why not have a meal and a pint in one of several pubs, ie. The Woolpack Inn - 2, The Brookhouse Inn - 3, The Boot Inn - 4, King George IV - 7, The Bower House - 10, The Bridge - 12

There should be spare copies of this sheet at the back.

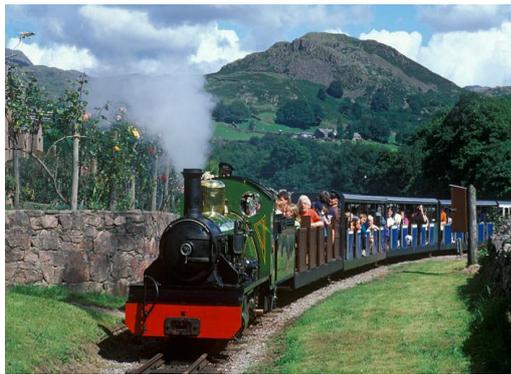


1 - Hardknott Roman Fort

This remote and dramatically-sited fort was founded under Hadrian's rule in the 2nd century. Well-marked remains include the headquarters building, commandant's house and bath house.

5 - Eskdale Mill

Located in Boot, Eskdale Mill still boasts an historic overshot waterwheel with working machinery, is one of the oldest water powered corn mills in England, and now the last remaining working mill in the Lake District. This historic building and its unique machinery, has been Grade 2 listed and is a vital survivor of a vanishing heritage.



6 - Ravenglass and Eskdale Steam Railway

The "La'al Ratty" narrow gauge railway runs 7 miles through spectacular scenery between Dalegarth in Boot and Ravenglass.

8 - Giggle Alley Japanese Garden

Following decades of neglect the garden is now restored by local volunteers and Forest Enterprise. There are thickets of bamboo, a stunning display of Japanese maples and the heady scent of azaleas in the spring. The whole forest is open to the public and makes for an ideal Sunday afternoon walk.

9 - Eskdale Stores

As well as a well-stocked shop selling fresh and local produce, they sell a range of outdoor clothing, walking accessories and maps

11 - Santon Bridge Craft and Gift Shop

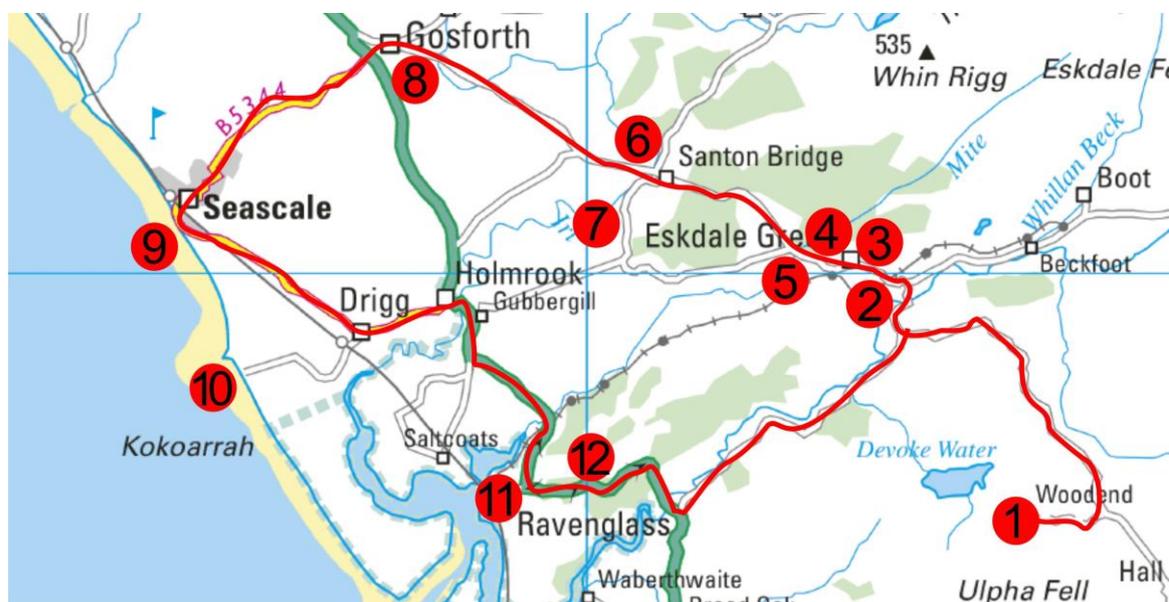
Described as an Aladdin's Cave of gifts and ideas. As well as paintings and prints, the shop sells quality knitwear, jewellery, sheepskin products, books and toys, and there's **The Woodlands Tea Room** next door.

Scenic Drives

Any drive around this stunning area is going to be “scenic” but these suggestions might get you started. Even if you use them as a starting point and venture off the routes there’s plenty to see wherever you are!

Scenic Drive: Eskdale – Santon – Gosforth – Seascale – Drigg – Ravenglass

There should be spare copies of this sheet at the back.

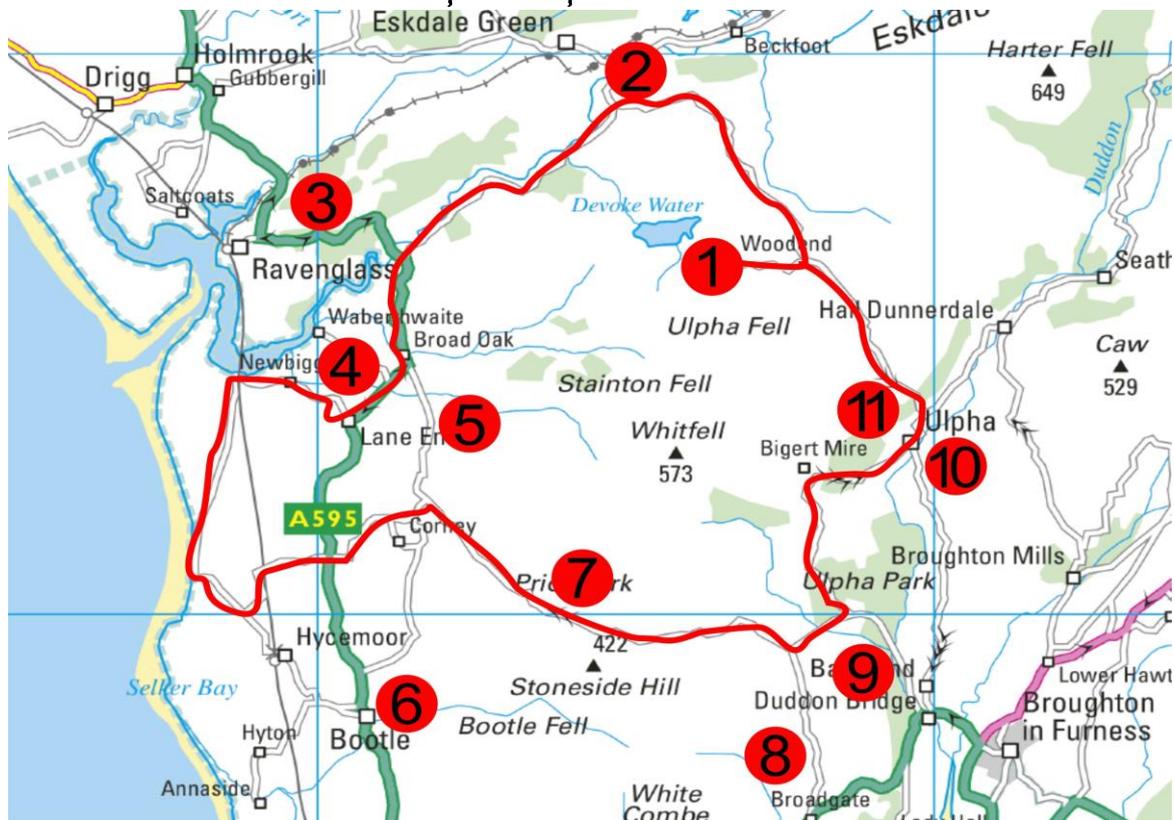


This drive takes you through Eskdale (shop and pubs) and out to Gosforth (bakery). If the tide is out there are long sandy beaches at Seascale and Drigg. Ravenglass is home to one end of the “La’al Ratty” steam train and various gift shops and some nice pubs. On the way back, you will pass Muncaster Castle before heading up the Birkby road towards Sword House (home of the Eskdale Hunt hounds), and back onto Birker fell before returning to Woodend.

- | | | |
|------------------------|--------------------------|-----------------------|
| 1 – Woodend | 5 – Bower House Inn | 9 – Seascale Beach |
| 2 – King George IV Pub | 6 – The Bridge Inn | 10 – Drigg Beach |
| 3 – Giggle Alley | 7 – Gift Shop & Tea Room | 11 – Ravenglass |
| 4 – Eskdale Stores | 8 – Gosforth Bakery | 12 – Muncaster Castle |

Scenic Drive: Eskdale Green – Muncaster – Waberthwaite Bootle – Corney Fell – Ulpha

There should be spare copies of this sheet at the back.



Turn off down the Birkby Road opposite Sword House (home of the Eskdale Hunt hounds), and this takes you onto the A595 coast road. At Waberthwaite turn towards Newbiggin and there's a nice drive past Eskmeals MOD firing range towards Bootle. Go onto Corney Fell and there are some stunning views over the coast. Before you get to Broughton, turn off through Logan Beck and you will come out just past Ulpha bridge before returning to Woodend over Birker Fell.

- | | |
|--------------------------------|---------------------------|
| 1 – Woodend | 7 – Corney Fell |
| 2 – Sword House (Eskdale Hunt) | 8 – Swinside Stone Circle |
| 3 – Muncaster Castle | 9 – Duddon Iron Furnace |
| 4 – Waberthwaite and Newbiggin | 10 – Ulpha Church |
| 5 – The Brown Cow Inn | 11 – Ulpha Post Office |
| 6 – Bootle (stores) | |

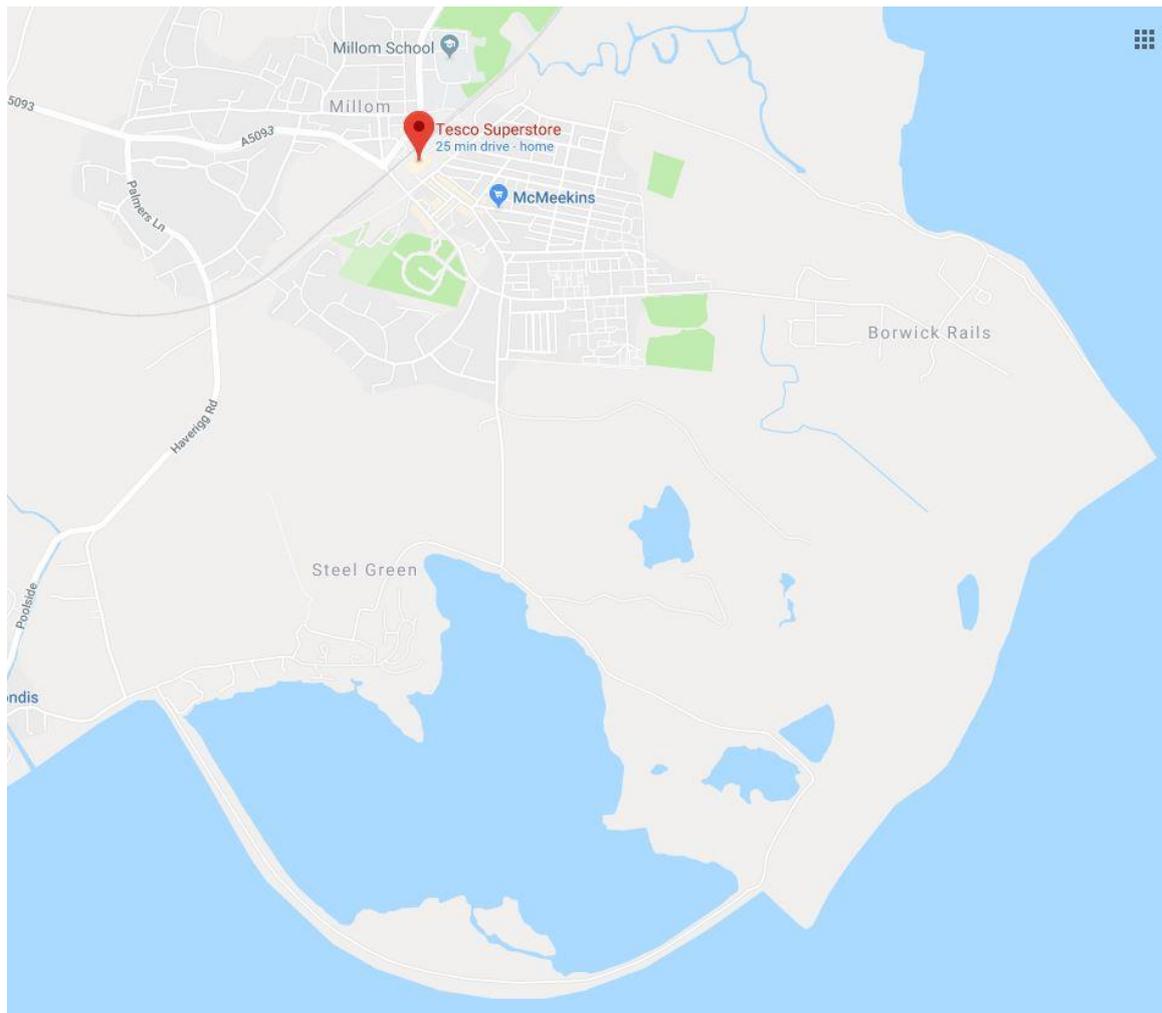
Hodbarrow Lagoon and Nature Reserve

This is well worth a visit and if you find yourself going to Tesco in Millom, I recommend that you search it out. The Hodbarrow Reserve, owned by the RSPB, is located between Millom and the village of Haverigg and is situated where the River Duddon meets the Irish Sea.

Large numbers of wading birds and waterfowl can be seen. Common, Sandwich and Little Terns can be sighted from the hide on the sea wall, oystercatchers, herons, grebes and cormorants, spotted redshank and black tailed godwits can also be seen.



It is the site of one of the largest of the West Cumbrian iron mines worked between 1848 and 1968 and produced about 25 million tons of hematite ore.



The mine is situated on the coast and to work the deposit a succession of barriers were constructed to keep back the sea. What remains now is the huge outer barrier which was constructed from slag faced with concrete blocks on the seaward side.

You can park and then walk around the sea wall, but the wall is very wide (several tens of metres in places) and you can drive around it.

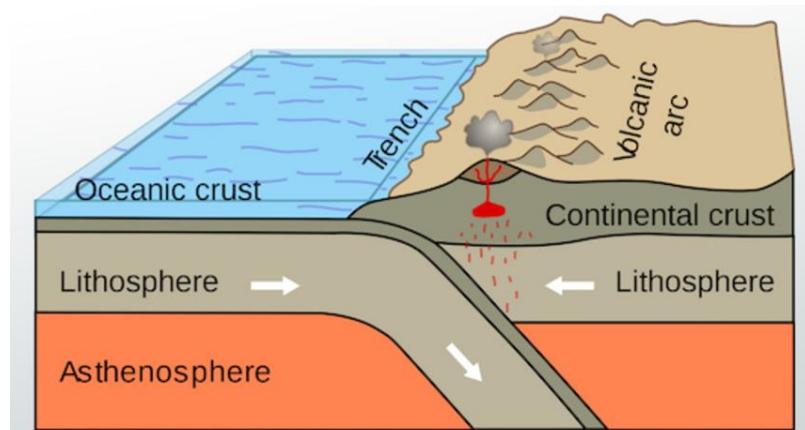
The lighthouse at Hodbarrow Point is over a hundred years old, being constructed in 1866 by the mining company to aid shipping up the treacherous channel of the Duddon. The structure has a thirty-foot tower and has recently been restored with money from the Heritage Lottery Fund.

The Geology of Birker Fell

In the last hundred years scientists have gradually come to a consensus: the best explanation of the earth's surface structure is that the continents are plates which drift infinitely slowly across the planet's molten interior. These plates have not always been where they are now; for example, the Atlantic Ocean has opened and closed at least once previously as the continents ground together and then drifted apart.

Geologists refer to the last forerunner of the Atlantic as the Iapetus Ocean and believe that the rocks that form the Lake District were largely laid down about 450 million years ago during the Ordovician period when the two land masses enclosing Iapetus collided. They believe that the land mass to the

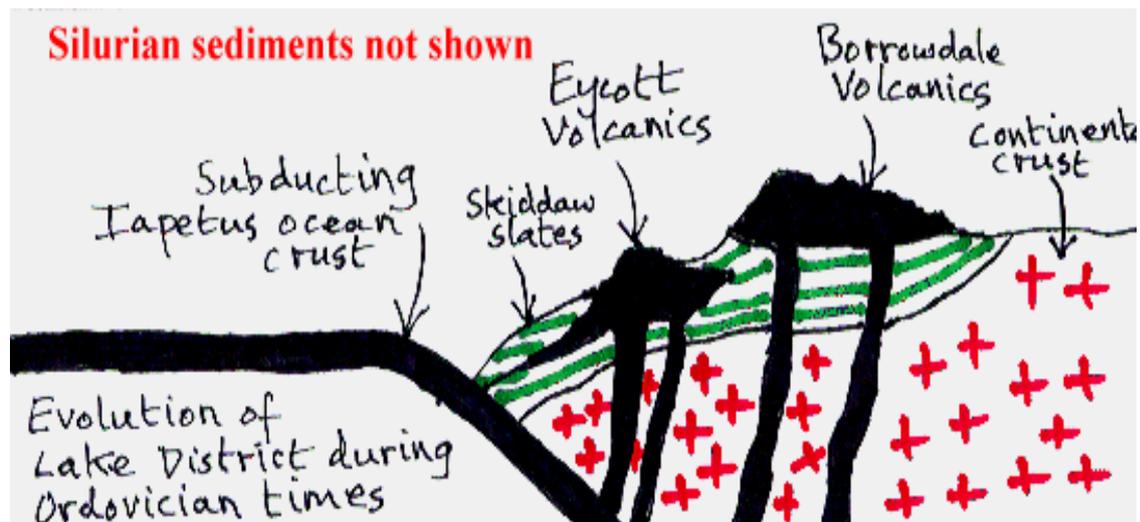
present north west was slowly forced under that to the south east, a process known as subduction, and that the cracking to the earth's crust led to a long chain of



volcanoes which spewed out molten lava from the earth's core. Examples of similar volcano chains can be seen in several places around the world where subduction is taking place, for example in the South Seas around Hawaii.

The local join of the two continents is thought to be under the Solway Firth to the north of the Lake District. When the continents drifted apart again millions of years later, forming the Atlantic ocean, the plates did not split in the place they had joined, and a chunk of what is now the

North American plate was left tacked on to Europe, leaving behind in Scotland some of the mountains that piled up when Iapetus closed (others make up the Appalachian mountains in North America). The extent and height of the stumps that remain, north of a line from Arran in south west Scotland to Stonehaven in the north east, give a clue as to their Himalayan proportions.



In the Lake District the lava-based rocks that poured out of the cracking crust as the Iapetus Ocean closed are known as the Borrowdale Volcanic Group, and the Birker Fell Formation is thought to be the lowest, and hence oldest, part. The central and northern areas of Birker Fell are dominated by andesite, a fine-grained rock whose lava cooled quickly at the surface. Within the andesite lava flows are rocks known as tuffs, found for example south west of Devoke Water, made up of debris blasted out with the lava. The south and south-eastern portion of the fell is composed of a sequence of these tuff beds, overlying the Birker Fell Formation and forming the next layer of the Borrowdale Volcanic Group rocks.

No matter how wild the weather outside now, things were wilder still in the Ordovician period.

Outdoor Activities

Cycling and Bike Hire

Lake District Bikes
Lowick LA12 8DX
Phone: 07887 731552
www.lakedistrictbikes.com

Grizedale Mountain Bike Hire
Grizedale LA22 0QJ
Phone: 01229 860335
www.grizedalemountainbikes.co.uk

Horse Riding

Fell Trekking on Cold Fell
Bradley's Riding Centre
Cleator CA23 3AQ
Phone: 01946 861354
www.walk-rest-ride.co.uk

Beach Trekking
Murthwaite Green Trekking
Silecroft LA18 5LP
Phone: 01229 770876
www.murthwaitegreen.co.uk

West Lakes Adventures

Just a few miles from us, down in the Eskdale Valley at Boot. They provide instructors and equipment for a range of levels of outdoor activities, including; Ghyll Scrambling,

Canyoning, Canoeing, Rock Climbing, Abseiling, Archery, Kayaking, Mountain Biking and Mountaineering.

Phone: 019467 23753

www.westlakesadventures.co.uk



Golf

Eskdale Golf Course
Ravenglass CA18 1RL
Phone: 01229 717680

Seascale Golf Club
Seascale CA20 1QL
Phone: 019467 28800 & 28202

Local Tourist Attractions

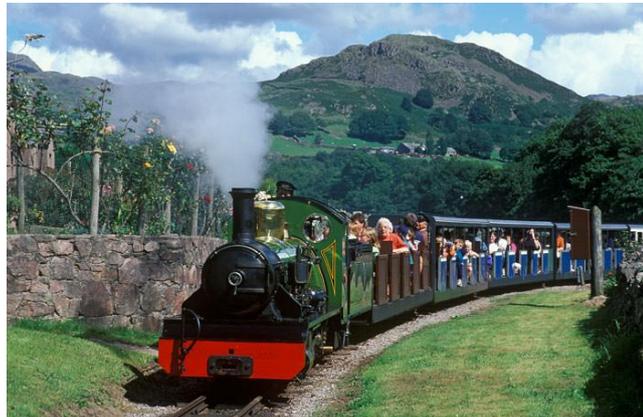
Ravenglass and Eskdale Steam Railway

The “Laal Ratty” narrow guage railway runs 7 miles through spectacular scenery between Dalegarth in Boot and Ravenglass.

Park at Dalegarth, take a trip to Ravenglass and explore and have a meal and pint in one of their local pubs and return a couple of hours later.

Timetables can be found online.

Phone: 01229 717171



www.ravenglass-railway.co.uk

Muncaster Castle, Gardens, Hawk and Owl Centre

A full day out and something for everyone, including:



- Historic haunted castle, Himalayan gardens & bluebell woods
- Hawk & Owl Centre and flying displays
- Enchanted Trail, Meadowvole Maze and adventure playgrounds
- Cafes, gift-shops

Ravenglass CA18 1RT

Phone: 01229 717614

www.muncaster.co.uk

Hardknott Roman Fort



This remote and dramatically-sited fort was founded under Hadrian's rule in the 2nd century. Well-marked remains include the headquarters building, commandant's house and bath house.

CA19 1TH

Lat: 54.403112 Long: -3.200751

Eskdale Mill

The two overshot waterwheels power a complex arrangement of wooden hoppers, hoists and millstones that were installed in the 1700s.



Oats are fed onto the 'eye' of the top runner stone by an adjustable shoe, agitated by a 'damsel'. The meal or flour was used for animal feed or fed through an eccentrically rotating sieve for kitchen quality oatmeal. Oats were the main source of food for the valley down the centuries, although in more recent times the second wheel was added, with French stones for grinding corn. Many other pieces of machinery are on show at the mill and it is a fascinating insight into a bygone age.

Boot CA19 1TG

Phone: 019467 23335

www.eskdalemill.co.uk

Beaches

Seascale

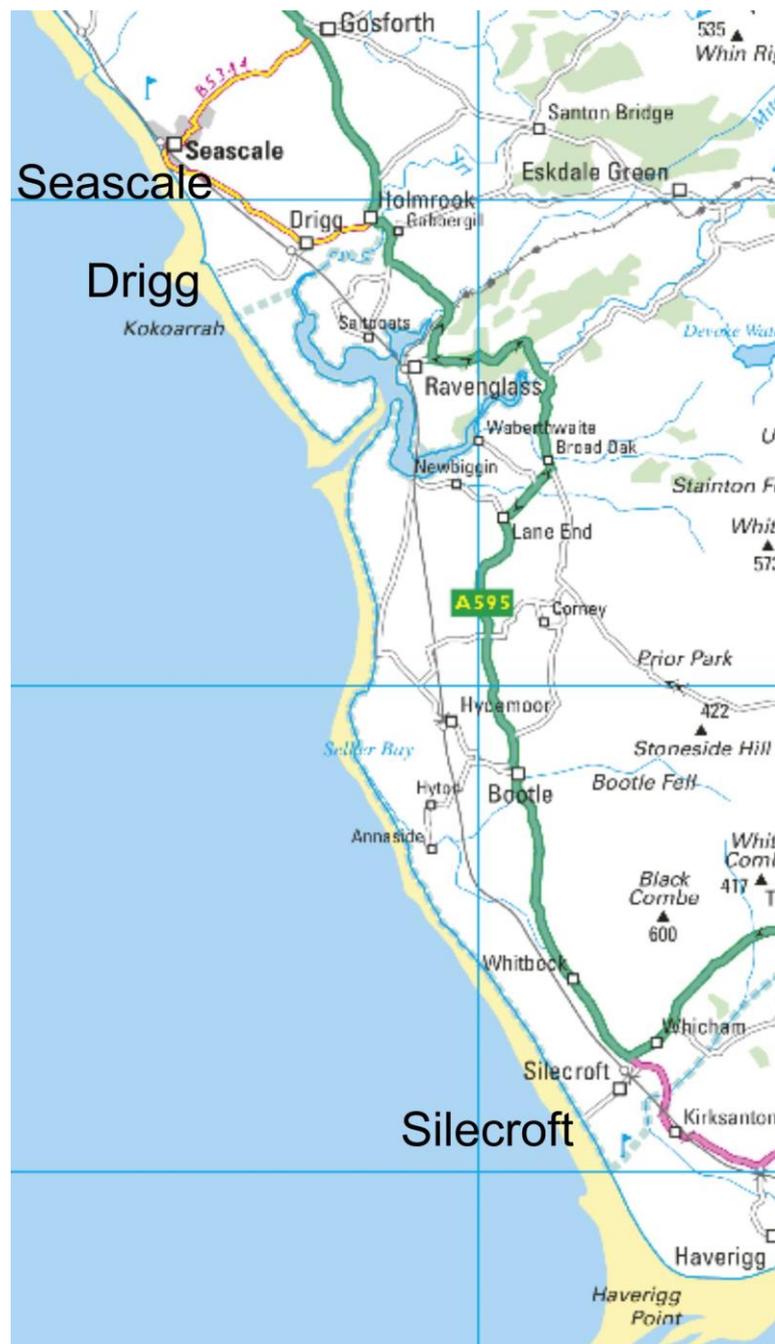
Miles of sandy beach with views across the sea to the Isle of Man and the Galloway mountains of Scotland. At high tide you can comb the shore for treasures and at low tide walk for miles on the golden sand.

Drigg

There is a small carpark and then a vast remote beach when the tide is out with sand dunes full of wildlife. If you go early in the morning you may walk for hours without seeing anyone.

Silecroft

A gently shelving shingle beach extends in both directions as far as the eye can see. Low tide reveals a vast expanse of sand, suitable for kiting, horse-riding and other activities.



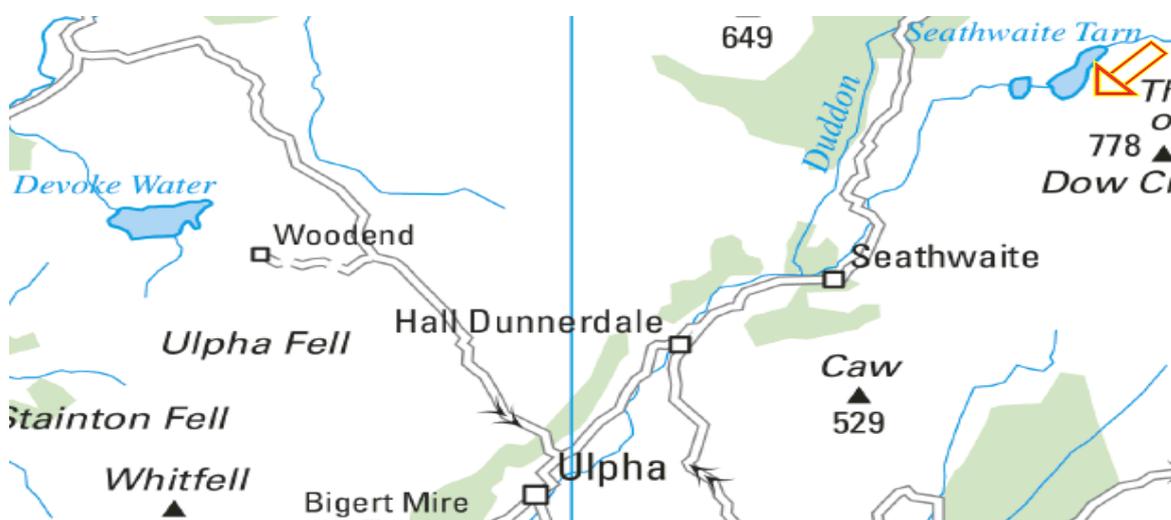
Fishing

Devoke Water and surrounding Rivers

There are many idyllic places to fish at in the area but what could be better than a ten-minute stroll down the footpath through the farm to Devoke Water, a lake hidden amongst the hills and completely out of sight from the road.

The fishing rights are held by The Millom and District Angling Association and a day pass can be obtained that enables you to fish on two still waters, Devoke water and sections of nearby rivers; The Duddon, Esk, Irt, Annas, Lickle, Black Beck and Lazy.

Tickets to cover all the waters can be purchased on the MDAA website at www.millomanglers.co.uk and can be purchased on a daily (£20) or weekly (£80) basis.



Seathwaite Tarn is a reservoir that supplies water for Barrow. It covers 66 acres and lies at 1200ft on the west facing slopes of the Coniston fells overlooking the Duddon Valley.

Permission to fish is required from the Newfield Inn at Seathwaite and the £5.00 fee goes to the local mountain rescue team.

Pubs

There are a number of pubs in the two valleys and surrounding towns and villages. They all welcome children, many allow well behaved dogs and they serve a range of good value meals.

If you wish to go out for a meal without your pet, and you think that it may be happy staying with us and our dog for a couple of hours, then we are always happy to dog sit for you. Have a chat with us during your stay.

All the pubs are, in our opinion, very good for food with those marked with * being favourites of ours.

King George IV, Eskdale Green - 5 miles (Great value but can be inconsistent especially when busy!)

The Newfield Inn, Seathwaite - 6 miles *

The Brook House Inn, Boot - 7 miles *

The Boot Inn, Boot - 7 miles *

The Bower House Inn, Eskdale Green - 6 miles

The Woolpack Inn - 7 miles

The Bridge Inn, Santon - 8 miles *

The Blacksmiths Arms, Broughton Mills - 8 miles *** (exceptional food but need to book, you are welcome to use our phone to do this)

The Manor Arms, Broughton-in-Furness (exceptional range of real ales)

The Black Cock Inn, Broughton-in-Furness - 8 miles

The Kings Head, Broughton-in-Furness - 8 miles

The Strands Inn & The Screens Inn, Nether Wasdale - 10 miles

The Wasdale Head Inn, Wasdale - 14 miles

Cinema

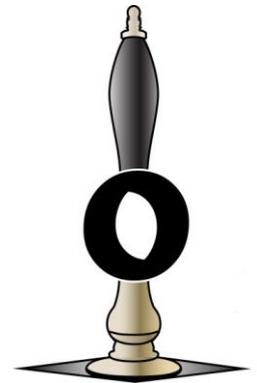
There is an Apollo multi-screen cinema Barrow-in-Furness

www.apollocinemas.co.uk

Personal recommendations of places worth visiting

Do you like Real Ale?

You must visit the Manor Arms in Broughton-in-Furness. Located at the corner of the square and always winning awards for best pub in some category or another, there are usually 8 excellent beers and various ciders on offer, but don't expect any other food than a toasted sandwich!



Pies and Puff Pastry

The Prince of Wales pub at Foxfield also has its own brewery and they do a really good selection of pies and peas and for what they charge I can't see how they make a profit. They are shut Monday and Tuesday.

Black Pudding

Melville Tyson's Butchers and Grocers in Broughton has an extensive range of fayre and you must try the "Logan Beck" black pudding. I have even converted people to black pudding with this light style pudding!

The Blacksmiths Arms at Broughton Mills

There is no doubt that for lunch or evening meals, this is the best food in the area. It's a quaint country pub with exceptional quality and sensibly priced meals. Closed on a Monday and booking is essential Friday and Saturday. Please come and use our phone or we will book for you.

More Pies and Pastries

The Gosforth Bakery is well worth a visit for bread and especially the handmade pies and sausage rolls. Closed on a Monday.

Leaving

On your Departure

Please leave the key on the table.

Adequate cleaning products are provided and there is a Flash Mop that uses a spray operated by a switch on the handle.

We do expect our guests to leave the Cottage in the clean and orderly condition that they found it.

This includes things such as the following:

- Put the plates, glasses and cutlery away in a clean condition.
- Leave the cooker, fridge, cupboards, kitchen worktops, sink and bowl in a clean condition.
- Leave the WC, bath and sink in a clean condition.
- Sweep or Hoover the floors and mop if necessary
- Empty the ash bucket and if the embers in the fire are still hot from an overnight fire then put these into the emptied bucket and leave outside.
- Clean out the fire.
- Put **ALL** recyclable rubbish into the appropriate bins and everything else into **bin liners** and place in the wheelie bins in the top car park **NOT** by the gate on the way out.

When you made your booking you agreed to this, so we reserve the right to make a surcharge if you don't.

Please vacate the Cottage by 9.00am unless other arrangements have been made. This allows us to prepare it for the next guests.

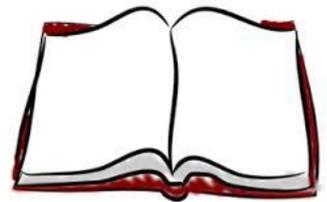
Suggestions

We would be only too happy to listen to any comments or suggestions that you have that would enhance yours and other guest's stay at Woodend.

Please see us during your stay, (we're usually here), or leave a note or email me on your return. This will help us to maintain the standard of the holidays that we provide.

Guest book

As you will see, we have some wonderful comments left in the guest book. If you have enjoyed your stay, then please fill in the guest book. If you have a complaint or an issue during your stay, please come and chat to us rather than comment on it in the guest book.



Returning Home

Feedback

We want your stay with us to be memorable for all the right reasons, so we would like to bring a few items to your attention that previous guests have misunderstood and if you intend to leave feedback on another site then we do just ask that you consider the following:

Problems – If you had a problem during your stay, did you give us a chance to put it right? We don't appreciate adverse comments if an issue hasn't been brought to our attention whilst you were staying here!

Facilities – Were you fully aware of the facilities indicated in the descriptions available for each property at the time of your booking? We have had comments about the lack of items that aren't even mentioned in those descriptions. eg. Microwaves, showers, etc.

Location – At the time of booking, did you research this area and perhaps locate us on a map? Woodend is remote, but it clearly states this in the descriptions and Google maps pin-point our location, so you know exactly where we were. Did you bring a map on holiday or expect satnav to suffice? Satnav can give the shortest route without considering the suitability of roads, especially if the weather conditions are poor!

Rebooking

We are experiencing increasing numbers of people rebooking so it is worth noting that we book up well in advance.

We are delighted to have exceptional occupancy rates at Woodend. We like to think that this is due to the views, remote and peaceful nature of the location and also that we welcome pets. We try to be as flexible as possible for booking periods and respond rapidly to enquiries.



As a result, the Bothy was empty for only 2 nights in a recent 18-month period, the Schoolhouse was empty for 14, with the other cottages following closely behind.

We are always happy to offer a discount for returning guests (somewhere in the region of 5% - 10%) but you may have to jog our memories that you have stayed before as we get a lot of names and faces through here!



Facebook

We are trying to make more of our Facebook page (Woodend Holiday Cottages) and would welcome you adding your holiday photos and comments and sharing them with others.

Shopping and Services

Shops

Eskdale (4 miles)

Eskdale Stores - Quite a wide range of fresh, frozen and tinned food, bread, newspapers, alcohol and outdoor activity supplies. CA19 1TX

Broughton-In-Furness (8 miles)

Melville Tyson - Butchers, grocers, greengrocers and off licence

Bakery - Superb organic bread but shut on Monday

Post Office and newsagents

The Square Café

Holmrook (8 miles)

Service Station CA19 1YG

Supermarkets

Gosforth (9 miles) Simply Fresh "open all hours" shop CA20 1AS

Seascale (11 miles) Co-op CA20 1PR

Millom (14 miles) Tesco LA18 4BX

Egremont (17 miles) Co-op CA22 2AD

Whitehaven, (24 miles) Tesco, Morrisons, Sainsburys

Barrow-in-Furness (25 miles), Asda, Morrisons, Tesco, Aldi

Banks and Cash Withdrawal

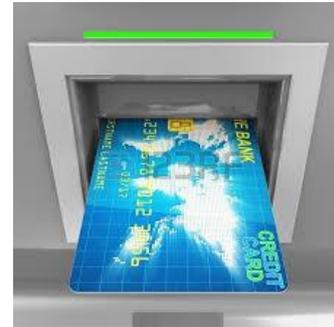
Ulpha - The Browfoot Room

Outreach Post Office with cash withdrawal every
Thursday 1.00 - 3.00 pm

Holmrook - Service Station has a cash machine

Gosforth - HSBC with cash machine

Millom - Natwest with cash machine



Garages

Garage services

Broughton-in-Furness - Todd's Garage LA20 6HN

Millom - Whartons Garage LA18 5BB

Kirkby-in-Furness - Moorland Service Station LA17 7TF

Petrol stations

Holmrook (approximately 7 miles) also has a shop attached.

Broughton-In-Furness (approximately 8 miles)

Vet



Broughton-In-Furness

Browne and McKinney

East View

Church St

Broughton-in-Furness

LA20 6HJ

01229 716230

Doctors

Seascale Health Centre (13 miles)

Gosforth Road,

Seascale CA20 1PN

Telephone 019467 28101

Duddon Valley Medical Practice (10 miles)

Foxfield Road,

Broughton-in-Furness LA20 6EZ

Telephone 01229 716337

Emergency Doctor

Furness Emergency Doctors Services

Furness General Hospital, Dalton Lane

Telephone 01229 431999



Hospitals - Accident and Emergency Departments

Furness General Hospital (approximately 25 miles)

Dalton Lane

Barrow-In-Furness

LA14 4LF

01229 491043

West Cumberland Hospital (approximately 24 miles)

Homewood

Hensingham

Whitehaven

CA28 8JG

01946 523273



How to Light the Multifuel Stove

This is one way to light the stove.

Ensure that the stove firebox is not completely full of ash, certainly not right up to the bottom of the grate. This is accessed behind the small door at the bottom and removed using the small black handle.

Open the bottom round air vent in the middle of the bottom door of the stove or even open the bottom “ash pan” door.

Break about 1/6 of the fire lighter block off or use pieces of newspaper and scrunch them into loose balls. Some people tie rolled up sheets of newspaper into knots.

Put the firelighter or newspaper in the centre of the firebox.

If you have them, lay a few pieces of kindling wood over the top so they are criss-crossed and stack a few pieces of small coal on top and around, so they are touching the wood.

Light the newspaper or firelighter in a couple of places at the bottom and when they are alight close the main door of the stove.

Once the wood has caught alight and the fire is going well you can open the door and gently place some more small pieces of coal onto the fire. At this stage you can turn the air supply down a little by closing the bottom door but leaving the round air vent open a little but aim to maintain good flames whilst not letting the fire smoulder.

Once the coal is burning well, you can put some more on but don't load the fire up too much in one go.

When it's burning well, and loaded, you can close the bottom air vent or leave it slightly open. The wind outside will have an effect on the way the fire lights and performs so use this as a guide only.

Nb. The top vent is designed to be used when burning logs only.

Privacy Policy

This policy is effective from April 2018

Woodend Holiday Cottages respects your right to privacy and is committed to protecting you. No personal information is displayed online, in unsecured areas or accessible to the public. Neither do we sell or rent our customer information to any outside parties.

What we collect

During the booking process we may collect the following information:

- Contact information ie. name, address, email, telephone numbers,
- Party information ie. numbers of adults, children, pets, etc.
- Debit or credit card details (which we do not store on our systems)
- Demographic information on how you found our website,
- Other information relevant to your enquiry or booking.

All customer information is used solely for processing bookings

What we do with the information we gather

We use email as our primary mechanism for communicating with you about your booking and to communicate with you following your stay.

We may require further information to understand your needs & provide you with a better and more relevant experience, such as:

- Internal record keeping and monitoring payments,
- Authorized payment through debit or credit card,
- In the unlikely event of a problem with your booking we will communicate this to you via e-mail or the telephone,
- We may use the information to improve our products and services,

-
- We may periodically send emails about products, special offers or other information which we think you may find interesting using the email address which you have provided,
 - We use Google Analytics to analyse some aspects of our website and in doing this we share certain non-personal usage data with Google. This shared usage data does not identify you individually and is maintained in accordance with the Google Privacy Policy.

Security

We are committed to ensuring that your information is secure and to prevent unauthorised access or disclosure we have put in place suitable physical and electronic safeguards.

Links to other websites

Our website may contain links to other websites of interest. However, once you have used these links to leave our site, you should note that we do not have any control over that other website. Therefore, we cannot be responsible for the protection and privacy of any information which you provide whilst visiting such sites and such sites are not governed by this privacy statement.

Controlling your personal information

We will not sell, distribute or lease your personal information to third parties unless we are required by law to do so.

If you believe that any information we are holding on you is incorrect or incomplete, then please contact us and we will promptly correct it.

You may request details of personal information which we hold about you under the Data Protection Act 1998. If you would like a copy of the information held on you please email enquiries@woodendhouse.co.uk or write to us at: Woodend Holiday Cottages, Woodend Barn, Ulpha, Broughton-in-Furness Cumbria LA20 6DY

Revised June 2020